

Bachelor of Science in Education in Physical Education Plus

The **Physical Education Plus** program leads to teacher licensure for grades pre-Kindergarten through 12th in physical education. The program enables teacher candidates to 1) apply for a Kansas state teaching license with an endorsement in Physical Education (PK-12), and 2) prepare them to pursue endorsement in an additional secondary teaching field, or complete a minor in another academic area. In addition to a broad range of general education classes, students take coursework in biological and exercise sciences, teaching methods, and health and fitness related classes. Students in the program gain experience through practicums in school settings each semester. The final semester of the program consists of student teaching in two different grade levels.

Incoming Freshman Students: Students can be admitted into the Community Health or PE Plus program as freshmen if they meet KU's assured admission standards and declare Community Health or PE Plus as their major.

Incoming Transfer Students: Students can be admitted into Community Health or PE Plus as transfer students if they are admitted to KU, declare Community Health or PE Plus as their major, and meet the following criteria:

- A KU + Transfer Cumulative GPA of at least 2.75

Current KU Students: Students can be admitted into Community Health or PE Plus as current KU students if they meet the following criteria:

- A KU + Transfer Cumulative GPA of at least 2.75

Students that do not meet the requirements above can petition through the online [SOEHS Admission Petition form](https://soehs.ku.edu/events-resources/forms-documents/). (<https://soehs.ku.edu/events-resources/forms-documents/>)

For information about initial admission to KU, visit the Office of Admissions (<https://admissions.ku.edu/>). Visit the Office of International Support Services (<https://iss.ku.edu/>) for information about international admissions.

BACHELOR OF SCIENCE IN EDUCATION DEGREE REQUIREMENTS

Primary responsibility for meeting graduation requirements rests with the student.

- Complete an approved program with a minimum of 120 credit hours of course work. At least 30 hours must be taken in residence.
- A 2.75 minimum KU + Transfer cumulative grade-point average for all academic coursework, including transfer hours.
- Minimum grades in some specific designated Physical Education Plus courses.
- Other general regulations of the School and University, including KU Core Goal requirements.
- Successful completion of student teaching and/or internship with a grade of C- or higher.

Requirements to begin student teaching and/or internship:

- A minimum KU + Transfer Cumulative grade-point average of 2.75 with no grade lower than a C- in any course in professional education.
- All program requirements except student teaching and internship must be completed before student teaching and internship.
- Continued demonstration throughout the program of professional dispositions as evaluated by program faculty each semester.

Additional Graduation requirements for Community Health

- Students presenting current certification in lieu of HSES 248 must take an additional two hours of course credit. Acceptable certifications: American Red Cross courses – Standard First Aid with CPR/AED OR Aid – Responding to Emergencies with CPR/AED. Please see SOEHS advisor for additional certification criteria.

Kansas Licensure Requirements for Physical Education Plus

- Passing score on the Educator Performance Assessment (KU-EPA).
- Passing score on the Praxis content examination(s).
- Completion of Bachelor of Science in Education degree – see above.

Please note: Each state has its own licensure requirements. Being eligible for a license in Kansas does not ensure that the applicant is eligible for licensure in other states.

Physical Education Plus Teacher Licensure Program (PK–12)

Admission requirements

Incoming Freshman Students: Students can be admitted into the PE Plus program as freshmen if they meet KU's assured admission standards and declare PE Plus as their major.

Incoming Transfer Students: Students can be admitted into PE Plus as transfer students if they are admitted to KU, declare PE Plus as their major, and meet the following criteria:

- A KU + Transfer Cumulative GPA of at least 2.75

Current KU Students: Students can be admitted into PE Plus as current KU students if they meet the following criteria:

- A KU + Transfer Cumulative GPA of at least 2.75

Students that do not meet the requirements above can petition through the online [SOEHS Admission Petition form](https://soehs.ku.edu/events-resources/forms-documents/). (<https://soehs.ku.edu/events-resources/forms-documents/>)

TRANSITION POINTS

Transition Point #1: Progression to the Professional Block 1 requires students to:

1. Maintain SOEHS admission status.
2. Complete identified courses with the required minimum grade noted.
3. Clear a criminal background check prior to placement in schools.
4. Demonstrate professional dispositions with minimal concerns noted by education faculty and administration.

Transition Point #2: Progression into Professional Block 2 requires students to:

1. Earn a final grade of "C-" or better in required education courses.
2. Clear a criminal background check prior to placement in schools.
3. Have maintained an overall GPA of at least 2.75.
4. Demonstrate professional dispositions with minimal concerns noted by education faculty and administration.

Transition Point #3: Progression into Professional Block 3 requires students to:

1. Earn a final grade of "C-" or better in Student Teaching/Advanced Teaching Practicum.
2. Have maintained an overall GPA of at least 2.75.
3. Complete all required degree coursework except Block 3 coursework.
4. Demonstrate professional dispositions with minimal concerns noted by education faculty and administration and by university and clinical supervisors.

Transition Point #4: Completion of Program requires:

1. Successful completion of the KU-Educator Performance Assessment and all other School of Education & Human Sciences requirements.
2. Completion of all required degree coursework with a 2.75 or higher cumulative grade point average.
3. Achievement of a grade of "C-" or better in professional education courses including practicum and student teaching.
4. Earning the B.S.E. degree.

Additional requirements to be eligible for an initial Kansas teaching license:

To qualify for a Kansas initial teaching license, candidates must complete a content knowledge assessment in each of the endorsement or teaching subject areas for which you completed a teacher preparation program and meet the minimum score set by the Kansas State Department of Education.

Professional Courses

Code	Title	Hours
Pre-Professional Coursework		
HSES 108	Basic Skill Instruction in: _____ (must be weight or strength training)	1
HSES 108	Basic Skill Instruction in: _____ (must be fitness focused)	1
HSES 201	Team Sports (Must have a grade of "B-" or higher.)	2
HSES 202	Individual and Dual Sports (Must have a grade of "B-" or higher.)	2
HSES 210	Instruction and Analysis in Swimming	1
HSES 214	Physical Education Activities for Elementary School Children (Must have a grade of "B-" or higher.)	2
HSES 244	Introduction to Physical Education and Sport Studies (Must have a grade of "B-" or higher.)	3
HSES 260	Personal and Community Health (Must have a grade of "B-" or higher.)	3
BIOL 240	Fundamentals of Human Anatomy (Must have a grade of a "C-" or higher.)	3

General Education Courses

BIOL 100	Principles of Biology (Core 34: Natural and Physical Sciences (SGE)) ⁰⁴⁰	3
Professional Block 1		
C&T 359	Literacy in the Content Areas	1
HSES 269	Introduction to Exercise Science	3
HSES 302	Practicum in Adaptive Physical Education for PK-12 Students	2
HSES 315	Methods of Teaching Elementary Physical Education	3
HSES 320	Methods of Teaching Secondary Physical Education	3
HSES 340	Instructional Strategies in Motor Development	2
HSES 358	Creative Movement and Dance Appreciation	2
EPSY 440	Applied Sport and Performance Psychology	3
SPED 326	Teaching Exceptional Children and Youth in General Education	3
Professional Block 2		
C&T 235	Cultural Diversity, Equity, and Inclusion in K-12 Schools	3
ELPS 250	Education and Society	3
HSES 369	Kinesiology	3
HSES 410	Program Design in Physical Education	3
Professional Block 3		
HSES 501	Seminar in Teaching Physical Education	2
Capstone Course		
HSES 500	Student Teaching in Physical Education (Capstone Course)	14
Total Hours		71

PE Plus students must complete a concentration listed below or a Minor in Sport Management (<https://catalog.ku.edu/education/health-sport-exercise-sciences/minor-sport-management/>) or a Minor in Business (<https://catalog.ku.edu/business/minor/>)

18-25 Hours

Code	Title	Hours
Health (PK-12) Concentration		
HSES 308	Drugs and Diseases in Society	3
HSES 403	Health Behavior Theory	3
HSES 330	Principles of Nutrition and Health	3
HSES 467	Foundations of Health Education	3
HSES 468	Methods and Materials in Health Education	3
HSES 489	Health and Human Sexuality	3

Code	Title	Hours
Middle-level Mathematics (5-8) Concentration		
C&T 360	Knowing and Learning in Mathematics and Science	3
C&T 366	Classroom Interactions in Mathematics and Science	3
MATH 109	Mathematics for Elementary School Teachers I	3
MATH 110	Mathematics for Elementary School Teachers II	3
MATH 115	Calculus I	3
MATH 116	Calculus II	3
MATH 365	Elementary Statistics	3

C&T 290	Introduction to Secondary Science and Mathematics Teaching	1
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Code Title Hours

Middle-level Science (5-8) Concentration

C&T 360	Knowing and Learning in Mathematics and Science	3
C&T 366	Classroom Interactions in Mathematics and Science	3
CHEM 110	Introductory Chemistry	5
EVRN 304	Environmental Conservation	3
or EVRN 336	Ethics, Ideas and Nature	
GEOL 101	The Way The Earth Works	3
C&T 290	Introduction to Secondary Science and Mathematics Teaching	1
PHSX 114	College Physics I <small>Combined physical science and lab covering chemistry and physics may count for both CHEM & PHSX (consult advisor)</small>	1-4

Code Title Hours

English (5-8 and/or 6-12) Concentration (6-8 credits can be earned through Study Abroad)

C&T 448	Reading and Writing Across the Curriculum	3
ENGL 209	Introduction to Fiction	3
or ENGL 210	Introduction to Poetry	
ENGL 312	Major British Writers to 1800	3
or ENGL 314	Major British Writers after 1800	
ENGL 320	American Literature I	3
or ENGL 322	American Literature II	
ENGL 351	Fiction Writing I	3
or ENGL 352	Poetry Writing I	
or ENGL 353	Screenwriting I	
or ENGL 354	Playwriting I	
or ENGL 355	Nonfiction Writing I	
or ENGL 362	Foundations of Technical Writing	
ENGL 359	English Grammar	3
HUM 304	World Literature I	3
or HUM 308	World Literature II	
or HUM 312	World Literature III	

Code Title Hours

Speech/Theatre (6-12) Concentration

COMS 210	Introduction to Organizational and Professional Communication	3
COMS 230	Fundamentals of Debate	3
COMS 320	Communication and New Media	3
or COMS 335	Mass Media and Politics	
COMS 330	Effective Business Communication	3
COMS 331	Persuasive Speaking	3

Or other COMS elective

Code Title Hours

Psychology (6-12) Concentration

PSYC 200	Research Methods in Psychology	3
PSYC 318	Cognitive Psychology	3
PSYC 350	Psychological Disorders	3

PSYC 360	Social Psychology	3
PSYC 370	Behavioral Neuroscience	3
PSYC 333	Child Development	3
or EPSY 305	Development and Learning of the Child	
or EPSY 306	Development and Learning of the Adolescent	

This is a sample plan of study. Students should consult with their academic advisor to create an individualized plan for degree completion.

Year 1

Fall	Hours	Spring	Hours
ENGL 101 (Core 34: English (SGE)) ^{010**}	3	ENGL 102 (Core 34: English (SGE)) ^{010**}	3
MATH 101 (Core 34: Math and Statistics (SGE)) ^{030*}	3	HSES 202	2
HSES 201	2	HSES 214	2
HSES 260	3	COMS 130 (Core 34: Communications (SGE)) ^{020**}	3
SOC 104 (Core 34: Social and Behavior Science (SGE)) ^{050**}	3	PSYC 104 (Core 34: Social and Behavior Science (SGE)) ^{050**}	3
HSES 108 (Pickleball or Basketball or Volleyball)	1	Core 34: Arts and Humanities (SGE) ⁰⁶⁰	3
	15		16

Year 2

Fall	Hours	Spring	Hours
BIOL 100 (Core 34: Natural and Physical Sciences (SGE)) ^{040***}	3	BIOL 240	3
BIOL 102 (Core 34: Natural and Physical Sciences (SGE)) ⁰⁴⁰	1	Core 34: Global Culture (SGE) ⁰⁷⁰	3
HSES 244	3	HSES 108 (Yoga)	1
Core 34: Arts and Humanities (SGE) ⁰⁶⁰	3	PE Plus Option (see below)	3
HSES 108 (Weight Training)	1	PE Plus Option (see below)	3
PE Plus Option (see below)	3		
Core 34: US Culture (SGE) ⁰⁷⁰	3		
	17		13

Year 3

Fall	Hours	Spring	Hours
HSES 269	3	C&T 359	1
HSES 302	2	HSES 320	3
HSES 315	3	HSES 358	2
HSES 340	2	EPSY 440	3
SPED 326	3	PE Plus Option (see below)	3
PE Plus Option (see below)	3	Block 2 Field Experience (optional): Practicum in second field	
Block 1 Field Experience: Adapted PE Practicum		Note: Must successfully complete swimming requirements by end of this semester.	
	16		12

Year 4

Fall	Hours Spring	Hours
C&T 235	3 HSES 500 (Capstone)	14
ELPS 250	3 HSES 501	2
HSES 369	3 Block 4 Field Experience: Student Teaching	
HSES 410	3	
PE Plus Option (see below)	3	
Block 3 Field Experience: PE Teaching Practicum		
	15	16

Total Hours 120**Plus Options (Must select one of the following)****Health (PK-12) Option - 18 hours**

Code	Title	Hours
HSES 308	Drugs and Diseases in Society	3
HSES 403	Health Behavior Theory	3
HSES 330	Principles of Nutrition and Health	3
HSES 467	Foundations of Health Education	3
HSES 468	Methods and Materials in Health Education	3
HSES 489	Health and Human Sexuality	3

English (5-8 or 6-12) Option - 21 hours

Code	Title	Hours
C&T 448	Reading and Writing Across the Curriculum	3
ENGL 209	Introduction to Fiction	3
or ENGL 210	Introduction to Poetry	
ENGL 312	Major British Writers to 1800	3
or ENGL 314	Major British Writers after 1800	
ENGL 320	American Literature I	3
or ENGL 322	American Literature II	
ENGL 351	Fiction Writing I	3
or ENGL 352	Poetry Writing I	
or ENGL 353	Screenwriting I	
or ENGL 354	Playwriting I	
or ENGL 355	Nonfiction Writing I	
or ENGL 362	Foundations of Technical Writing	
ENGL 359	English Grammar	3
HUM 304	World Literature I	3
or HUM 308	World Literature II	
or HUM 312	World Literature III	

Middle-level Mathematics (5-8) Option - 22 hours

Code	Title	Hours
C&T 290	Introduction to Secondary Science and Mathematics Teaching	1
C&T 360	Knowing and Learning in Mathematics and Science	3
C&T 366	Classroom Interactions in Mathematics and Science	3
MATH 109	Mathematics for Elementary School Teachers I	3
MATH 110	Mathematics for Elementary School Teachers II	3

MATH 115	Calculus I	3
MATH 116	Calculus II	3
MATH 365	Elementary Statistics	3

Psychology (6-12) Option - 18 hours

Code	Title	Hours
PSYC 200	Research Methods in Psychology	3
PSYC 318	Cognitive Psychology	3
PSYC 350	Psychological Disorders	3
PSYC 360	Social Psychology	3
PSYC 370	Behavioral Neuroscience	3
PSYC 333	Child Development	3
or EPSY 305	Development and Learning of the Child	
or EPSY 306	Development and Learning of the Adolescent	

Speech/Theatre (6-12) Option - 15 hours

Code	Title	Hours
COMS 210	Introduction to Organizational and Professional Communication	3
COMS 230	Fundamentals of Debate	3
COMS 320	Communication and New Media	3
or COMS 335	Mass Media and Politics	
COMS 330	Effective Business Communication	3
COMS 331	Persuasive Speaking	3

Middle-level Science (5-8) Option - 22 hours

Code	Title	Hours
C&T 290	Introduction to Secondary Science and Mathematics Teaching	1
C&T 360	Knowing and Learning in Mathematics and Science	3
C&T 366	Classroom Interactions in Mathematics and Science	3
CHEM 110	Introductory Chemistry	5
EVRN 304	Environmental Conservation	3
or EVRN 336	Ethics, Ideas and Nature	
GEOL 101	The Way The Earth Works	3
PHSX 114	College Physics I	4

SPORT MANAGEMENT MINOR OPTION - 21 HOURS**Business Minor Option - 18 hours****Notes:**

* - This course is a Required major course and is also part of Core 34: Systemwide General Education. If this course is not taken to fulfill the Core 34:SGE requirement, it must be taken in place of elective hours.

** - This course is a Recommended Core 34: Systemwide General Education course. This specific course is not required but is recommended by the program's faculty.

*** - This course is a Required Core 34: Systemwide General Education course. This program is approved by the Kansas Board of Regents to require this specific Core 34: Systemwide General Education course. If

a student did not take this course it must be taken in addition to other degree requirements.