

# Minor in Religion, Spirituality, and Healthcare

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An undergraduate minor in Religion, Spirituality, and Healthcare, offered by the Department of Religious Studies, will equip students with a critical understanding of how religious and spiritual beliefs shape health-related decisions and outcomes. By providing a strong foundation in the world's diverse religious cultures, the minor will explore how spiritual and religious perspectives influence patient views on health, healing, the body, illness, medical treatment, life, and death. Through the study of specific religious traditions, cultural contexts, and ethical frameworks, students will examine how belief systems impact values, behaviors, and decision-making in healthcare settings. This cultural and religious literacy will prepare students to communicate more effectively with patients as whole persons—mind, body, and spirit—which is increasingly recognized as essential to improving health outcomes. The minor will give future healthcare professionals the skills and understanding they need to deliver more compassionate, culturally competent, and patient-centered care.

Code	Title	Hours
REL 104	Introduction to Religious Studies	3
or SOC 224	Introduction to Health and Society	
REL 110	Body and Soul: Religion, Spirituality and Health Care	3
REL 381	Religions, Epidemics, & Pandemics	3
REL 338	Heaven on Earth: Utopian Religious Communities in America	3
<b>Electives</b>		<b>6</b>
Satisfied by two of the following:		
ABSC 360	Drugs, Addiction, and Behavior	
ABSC 519	Psychological Aspects of Death and Dying	
PHIL 370	Moral Issues in Medicine	
PHIL 676	Medical Ethics: Life and Death Issues	
PSYC 350	Psychological Disorders	
PSYC 390	The Psychology of Aging	
PSYC 533	The Psychology of Addictive Behaviors	
SOC 410	Sociology of Death and Dying	
SOC 424	Sociology of Health and Medicine	
SOC 425	Sociology of Global Health	
SOC 426	Sociology of Mental Health	
SPAN 326	Spanish for Health Care Workers	
REL 490	Capstone in Religious Studies: _____	
REL 362	Studies in Yoga & Meditation	
REL 370	Judaism and Sexuality	
REL 346	Christian Tradition, Sexuality, and the Body	
ISP 530	Indigenous Food and Health	
<b>Total Hours</b>		<b>18</b>