

Bachelor of Music Therapy

Music Therapy

The mission of the KU music therapy program is to train students to be competence musicians and effective therapists who are equipped to be collaborative innovators in a complex world in order to proactively move the profession forward. This interdisciplinary curriculum emphasizes understanding of human behavior and development, musical and otherwise. It includes extensive work in music, and the social, behavioral and biological sciences, in addition to specific academic, clinical, and research studies in music therapy.

Music Therapy Program

The undergraduate music therapy program provides full preparation for entry into the profession. It culminates in the degree of Bachelor of Music Therapy. Graduates are prepared for general music therapy practice in a variety of settings, which may include, but are not limited to hospitals, schools, community health programs, correctional settings, facilities for older adults, wellness centers, and private practice. The KU music therapy program is approved by the American Music Therapy Association. Individuals who complete the academic and clinical training program are eligible to take the national music therapy board certification examination to become a board-certified music therapist.

Advising and Mentoring

Students admitted to the music therapy program will be assigned an appropriate academic advisor through the Jayhawk Advising Center and a music therapy faculty mentor to work with the student throughout their academic career. Students are expected to consult with their academic advisor each semester to plan enrollment for the next semester. The mentor is available to help with enrollment, to recommend courses particularly beneficial for various emphases, and to offer career guidance. The responsibility for taking appropriate courses and for meeting other requirements rests upon the student. Information regarding all requirements is available to students in such documents as the university catalogue. Lack of knowledge of any requirement does not free the student from meeting that requirement. All students must sign up for a graduation check with the School of Music Student Services Office in 450 Murphy Hall one year prior to their graduation date.

Regardless of applied performance medium, each entering student should be able to sing independently, in tune, and with acceptable tone quality. Functional keyboard and guitar skills (accompanying, playing by ear, improvising, and transposing) are helpful and are developed within the curriculum. Experience working with others and well-developed interpersonal skills are an asset.

Students are strongly encouraged to read the Music Therapy Undergraduate Program Handbook, which is available on the School of Music website (<https://music.ku.edu/undergraduate-music-therapy-bm-handbook/>) and from the Student Services Office, 450 Murphy Hall, and provides detailed procedures, suggestions, and specifications.

Professional Sequence Admission

Students pursuing the Bachelor of Music Therapy degree should apply for admission to the professional sequence upon completion of the second semester of the sophomore year with 50 or more KU hours. Transfer

students with more than 45 hours of transfer credit may complete this application the first semester of classes at KU pending enrollment in specific courses as designated on the application.

Students must be admitted to the music therapy professional sequence by the Director of Music Therapy to enroll in upper-division music therapy courses. Music therapy majors who have been admitted to the professional sequence are in plan MTPPS-BM in the School of Music. See the Music Therapy Undergraduate Program Handbook (<https://music.ku.edu/undergraduate-music-therapy-bm-handbook/>) for details.

Candidates are reviewed for admission periodically. No student may be admitted to the professional sequence for a semester during which he or she will be on academic probation. The application form for music therapy professional sequence admission is distributed to students prior to their time to apply. Information about the application process may be found on the KU School of Music website (<https://music.ku.edu/music-therapy-professional-sequence/>).

Professional Sequence Admission Requirements

1. Cumulative grade-point average of 3.00 or higher.
2. Grade-point average of 3.00 or higher in MEMT courses.
3. A grade of C or higher in each of the following courses:

Code	Title	Hours
MEMT 150	Introduction to Music Therapy	3
MEMT 196	Group Leadership Skills in Music Therapy	2
MEMT 250	Human Musical Learning and Development	2
MEMT 251	Clinical Techniques for Children	3
MEMT 296	Clinical Techniques for Adults	3

4. At least 50 hours of college credit.
5. A signed applied music recommendation form verifying successful completion of the first semester of sophomore-level lessons.
6. Successful completion of the application form.

Instrumental Ensemble Policy

In order to remain enrolled in studio instruction (lessons), all undergraduate (B.A., B.M., B.M.E. and B.M.T.) and M.M. students who enroll in any level of studio instruction (including nonmajor levels) in band and orchestral instruments must audition for and perform as assigned in a major instrumental ensemble¹ each semester in which they are enrolled. For music majors, 1 ensemble taken for credit each semester is required for graduation. Exceptions to this policy are allowed on a case-by-case basis and only by the ensemble conductor in consultation with the faculty member in the studio area or the faculty mentor in music therapy as appropriate.

¹ Symphony Orchestra, Wind Ensemble, Symphonic Band, Marching Band, or Jazz Ensemble I. University Band or University Orchestra if placed by audition.

Undergraduate Admission to the School of Music

Students who wish to major in music must audition. All students academically approved for admission to the School of Music are admitted contingent upon demonstration by audition of satisfactory level proficiency in their areas of applied music. Further information about specific applied music areas can be found on the School of Music's Audition Information website; if you do not see your particular area of study listed there, please contact the Undergraduate Recruitment Coordinator to inquire about availability. Music audition and application information is available on the School of Music website (<http://music.ku.edu/admission/>). There is a limit of two times a prospective student may request an audition for entrance into one of the School's undergraduate degree programs. The second request must be within 12 months of the first and may be as early as 1 month following the first audition. The limitation also applies to students within the School auditioning from one program into another.

First-year and current KU students

Once admitted academically, first-year students should enter the School of Music directly after a successful audition. Students may transfer to the School from other KU Schools or the College if they have at least a 2.75 GPA (on a 4.0 scale) and are eligible to return to the college or university last attended in addition to completing a successful audition. Other students can be admitted only with the permission of the dean. Send applications to the Office of Admissions (<http://admissions.ku.edu/>). Visit the Office of International Admissions (<https://world.ku.edu/apply/>) for information about international admissions.

Transfer Students

Students may transfer to the school from other institutions or from other KU Schools if they have at least a 2.75 GPA (on a 4.0 scale), are eligible to return to the college or university last attended and complete a successful audition. Only grades of C or higher are accepted in transfer credit toward degrees offered by the School of Music. Students who wish to transfer performance credit from another institution toward any music degree at KU must validate this credit by audition.

Keyboard Skills Placement Examination:

If a student has a background in keyboard playing, they may choose to take one or more Piano Quiz-Out tests. Successfully passing a Quiz-Out will exempt a student from having to take a particular class in the PIAN sequence (PIAN 144, PIAN 148, PIAN 284, and PIAN 310). Students should check with their advisor about how this will impact their particular degree requirements.

Freshmen and transfer students with no previous piano study experience should enroll in PIAN 144. No examination or permission number is necessary. Students should check with their advisor about their particular degree requirements.

More information about the Keyboard Skills Placement Examination including deadlines is available on the School of Music website (<https://music.ku.edu/entrance-exams/>).

Requirements for the Bachelor of Music Therapy, B.M.T.

The degree requires a minimum of 120 semester hours of credit (including 45 at the Junior/Senior 300+ level) appropriately distributed among general studies, the major, and supporting music areas and behavioral

sciences. With careful planning, the program can be completed in about 4½ years. Four academic years of study and clinical work on campus are followed by a full-time, 6-month internship in an approved clinical institution.

The degree requires at least a 3.00 cumulative grade-point average in all course work and a minimum of 3.00 in all MEMT courses. All music therapy majors must demonstrate proficiency in the major applied performance medium and in other performance areas.

All students must demonstrate functional vocal skills and ability to perform accompaniments on a portable chordal instrument, such as accordion, autoharp, guitar, or electric piano. These skills are assessed periodically throughout the program.

Music Core Required Courses

Code	Title	Hours
Music Theory Sequence		
MTHC 105	Theory I	3
MTHC 106	Aural Skills I	1
MTHC 115	Theory II	3
MTHC 116	Aural Skills II	1
Music History Sequence		
MUSC 320	Music History I	3
MUSC 340	Music History II	3
MUSC 360	Music History III	3
Piano Skills		
Two options depending on major performance medium		4
Option 1: students with major performance medium other than Piano or Organ		
PIAN 144	Elementary Keyboard Skills I (one credit)	
PIAN 148	Elementary Keyboard Skills II (one credit)	
PIAN 284	Intermediate Keyboard Skills I (two credits)	
Option 2: students with a major performance medium of Piano or Organ		
PIAN 310	Advanced Keyboard Skills (two credits)	
Music Elective(s) for Piano/Organ Emphasis (two credits)		
Recital Attendance		
REC 100	Laboratory in Music Performance (two semesters)	0
Ensembles		
7 semesters of participation for 7 credits total. Required 3 credits small ensembles and 4 credits large ensembles.		7
Applied Lessons Sequence		
121	Applied music lessons (2 semesters)	4
221	Applied music lessons (2 semesters)	4
Total Hours		36

Musicianship and Music Therapy Required Courses

Code	Title	Hours
Clinical Musicianship		
MEMT 112	Percussion in Music Therapy	2
MEMT 117	Performance Media: Voice	2
MEMT 119	Performance Media: Guitar	2
MEMT 334 - - -	Applied Musicianship in Clinical Settings	2

MEMT 338	Rehearsal/Conducting Clinic: Non-traditional Ensemble	2
Clinical Foundations		
BIOL 100	Principles of Biology	3
BIOL 240	Fundamentals of Human Anatomy	3
PSYC 104	General Psychology	3
PSYC 350	Psychological Disorders	3
Music Electives		
Two semesters Jr/Sr level required		4
Music Therapy Professional Sequence		
MEMT 150	Introduction to Music Therapy	3
MEMT 250	Human Musical Learning and Development	2
MEMT 251	Clinical Techniques for Children	3
MEMT 296	Clinical Techniques for Adults	3
MEMT 463	The Influence of Music on Behavior I	3
MEMT 464	Music in Therapy	3
MEMT 586	Seminar in Music Therapy Professional Development I	1
MEMT 587	Seminar in Music Therapy Professional Development II	1
Clinical Practicum Experience		
MEMT 396	Clinical Practicum (Four semesters)	4
Clinical Internship (Capstone)		
MEMT 596	Clinical Internship	1
Total Hours		50

Music Therapy 4.5 Year Plan

Students with no prior piano experience should take the keyboard skills sequence (PIAN 144 - PIAN 288). Demonstration of skills is needed to pass/test out of PIAN 144 - PIAN 288. Students whose major performance medium is piano or organ should take PIAN 310 after completing two semesters of music theory (this course is only taken once in the fall term of the sophomore year).

- F = Fall only
- S = Spring only
- B = Both semesters

Freshman

Fall	Hours Spring	Hours
MTHC 105 (F)	3 MTHC 115 (S)	3
MTHC 106 (F)	1 MTHC 116 (S)	1
121 Studio lessons	2 121 Studio lessons	2
Ensemble	1 Ensemble	1
REC 100	0 REC 100	0
Select one of the following (depending on major performance medium):	1 Select one of the following (depending on major performance medium):	1
PIAN 144 (If major perf. med. is other than Piano or Organ) (F) (OR)	PIAN 148 (If major perf. med. is other than Piano or Organ) (S) (OR)	
Music Elective (if major perf. med. is Piano or Organ) (F)	Music Elective (if major perf. med. is Piano or Organ) (S)	
MEMT 117 (F)	2 MEMT 119 (B)	2

MEMT 150 (F)	3 MEMT 250 (S)	2
Core 34: English (SGE) ⁰¹⁰	3 Core 34: English (SGE) ⁰¹⁰	3
		16
		15

Total Hours 31

- Students must successfully complete Pre-Clinical Musicianship Assessment parts A and B before entering the Clinical Techniques Courses. These assessments are components of the Final Examinations for MEMT 117 and 119 respectively.

Sophomore

Fall	Hours Spring	Hours
221 Studio lessons	2 221 Studio lessons	2
Ensemble	1 Ensemble	1
Select one of the following (depending on major performance medium):	2 MEMT 296 (S)	3
PIAN 284 (If major perf. med. is other than Piano or Organ) (S) (OR)	MEMT 334	2
PIAN 310 (if major perf. med. is Piano or Organ) (S)	Core 34: Communications (SGE) ⁰²⁰	3
MEMT 112 (Percussion in Therapy)	2 Core 34: Natural and Physical Sciences (SGE) ⁰⁴⁰	4
MEMT 251 (F)	3	
Core 34: Social and Behavior Science (SGE) ⁰⁵⁰	3	
Core 34: Arts and Humanities (SGE) ⁰⁶⁰	3	
		16
		15

Total Hours 31

- Students must successfully complete the Clinical Musicianship Assessment before entering Clinical Practicum. This assessment is addressed across MEMT 251 and 296.

Professional Sequence

Professional Sequence Admission Requirements

Students should apply for admission to the Professional Sequence as early as possible and must be admitted before beginning the first semester of the junior year. Admission requirements:

1. Cumulative grade-point average of 3.00 or higher.
2. Grade-point average of 3.00 or higher in MEMT courses.
3. A grade of C or higher in each of the following courses:

Code	Title	Hours
MEMT 150	Introduction to Music Therapy	3
MEMT 196	Group Leadership Skills in Music Therapy	2
MEMT 250	Human Musical Learning and Development	2
MEMT 251	Clinical Techniques for Children	3
MEMT 296	Clinical Techniques for Adults	3

4. At least 50 hours of college credit.

5. A signed applied music recommendation form verifying successful completion of the first semester of sophomore-level lessons.
 6. Successful completion of the application form.
- Students must successfully complete Clinical Practicum Musicianship Assessment before entering their second MEMT 396 Clinical Practicum. This assessment is addressed across MEMT 251 and 296.

Junior		
Fall	Hours Spring	Hours
MUSC 320 (F) ²	3 MUSC 340 ²	3
Ensemble	1 Ensemble	1
Music Elective(s) (Jr. or Sr. level)	2 MEMT 338 (S) ¹	2
MEMT 396 (4 semesters total) ¹	1 MEMT 396 (4 semesters total) ¹	1
MEMT 463 (F) ¹	3 MEMT 464 (S) ¹	3
PSYC 104	3 BIOL 100	3
Core 34: Math and Statistics (SGE) ⁰³⁰	3	
16		13
Total Hours 29		

¹ Students must achieve admission to the music therapy professional sequence prior to enrolling in these courses.

² Music Theory I and II and Aural Skills I and II should be taken before Music History I or higher.

- Students must apply for their internship 1 year in advance of completion of academic work. Check the Music Therapy undergraduate handbook for information on this procedure. Students must complete the Internship Eligibility Application during MEMT 586.
- Students must successfully complete the Internship Pre-Assessment as part of MEMT 586 and before entering their final MEMT 396 Clinical Practicum.

Senior		
Fall	Hours Spring	Hours
MUSC 360 (F)	3 MEMT 396 (4 semester total) ¹	1
Ensemble	1 MEMT 587 (S) ¹	1
Music Elective(s) (Jr. or Sr. level)	2 PSYC 350	3
MEMT 396 (4 semesters total) ¹	1 Core 34: Social and Behavior Science (SGE) ⁰⁵⁰	3
MEMT 586 (F) ¹	1 Core 34: Arts and Humanities (SGE) ⁰⁶⁰	3
BIOL 240	3 Core 34: U.S. Culture (SGE) ⁰⁷⁰	3
Core 34: Global Culture (SGE) ⁰⁷⁰	3	
14		14
Total Hours 28		

¹ Students must achieve admission to the music therapy professional sequence prior to enrolling in these courses.

- All MEMT professional courses as noted on the undergraduate music therapy degree requirement check sheet must be completed with a C or higher prior to beginning internship.
- Students must pass all Clinical Musicianship and Internship Assessments and Musicianship Portfolio.
- Students must request a graduation check from the School of Music Student Services Office approximately 1 year before the estimated internship date. Graduation checks before that time should occur with the student's MEMT advisor.
- Upon acceptance to an internship site students must complete and turn in the Music Therapy Internship Information sheet to the Student Services office.
- Students must do the following in the final semester before leaving for internship:
 - review degree requirement check sheet to see that they have met all graduation requirements
 - submit an application for graduation online through Enroll and Pay
 - successfully complete the major applied instrument (422 Lessons with Senior Recital) including the senior half-recital²

Year 5	Hours
MEMT 596 (Capstone) ¹	1
1	
Total Hours 1	

¹ Students must achieve admission to the music therapy professional sequence prior to enrolling in these courses.

Notes:

* - This course is a Required major course and is also part of Core 34: Systemwide General Education. If this course is not taken to fulfill the Core 34:SGE requirement, it must be taken in place of elective hours.

** - This course is a Recommended Core 34: Systemwide General Education course. This specific course is not required but is recommended by the program's faculty.

*** - This course is a Required Core 34: Systemwide General Education course. This program is approved by the Kansas Board of Regents to require this specific Core 34: Systemwide General Education course. If a student did not take this course it must be taken in addition to other degree requirements.