

Minor in Nutrition

With a curriculum focused on the role of nutrition in a wide range of areas, KU's minor in nutrition provides a useful area of focus for your degree or professional background, helping you become more marketable in a growing career field. Pursue a minor to earn a valuable credential and help start or refocus your work in a nutrition-related field. Alternately, a minor in nutrition can supplement your undergraduate studies to prepare you for a successful career in health, nutrition, wellness, fitness and beyond. The courses and credential from the nutrition program may make you more successful in continuing your education in graduate school.

Minor Requirements

Undergraduate Minor in Nutrition (18 credit hours)

Complete the courses for 12 credit hours listed above and choose 2 more courses from the list below:

Code	Title	Hours
Required Courses:		
HSCI 320	Principles of Nutrition	3
or HSES 330	Principles of Nutrition and Health	
HSCI 420	Nutrition Through the Life Cycle	3
HSCI 421	Public Health Nutrition	3
HSCI 422	Nutrition Assessment	3
Select two of the following:		
HSES 331	Sport and Exercise Nutrition	3
HSCI 425	Nutrition Education	3
HSCI 521	Advanced Nutrition and Metabolism	3
HSCI 522	Advanced Sports Nutrition	3